



THE CONNECTION TRAINING &

PROFESSIONAL DEVELOPMENT COURSES

THE CONNECTION TRAINING CATALOG

[1] *Enrollment Information*

[2] *Membership Details*

[3] *The Institute for Innovative Practice*

Certification Courses:

[4] *Adult and Pediatric CPR/First Aid/AED*

No Cost Courses SUPPORTED BY CONGRESSIONAL FUNDING:

[5] *Adult Mental Health Response*

[6] *Adult Mental Health First Aid*

[7] *Youth Mental Health Response*

NEW!

[8] *Youth Mental Health First Aid*

[9] *Best Practices for Treatment of Opioid Use Disorder*

Clinical Practice Skills and Essential Skills Courses continued on next page.

THE CONNECTION TRAINING CATALOG

Clinical Practice Skills Courses:

[10] *Beyond Grief: Supporting Individuals Through Loss*

[11] *Advanced Approaches to Dialectical Behavioral Therapy: Part 1*

[12] *Advanced Approaches to Dialectical Behavioral Therapy: Part 2*

NEW!

Essential Skills Courses:

[13] *Engaging with Clients in a Crisis*

[14] *Unconscious Bias: Impediments to the Therapeutic Relationship*

[15] *Ethical Practice in the Human Services*

[16] *Eating Disorders*

NEW!

[17] *Personal Efficiency: Maximize Your Productivity to Achieve Your Goals*

[18] *Navigating the Digital World with Confidence:
A Comprehensive Guide to Digital Safety*

NEW!

[19] *Establishing Your Work/Life Balance*

NEW!

[20] *Bending Without Breaking: Cultivating Your Natural Resilience*

NEW!

[21] *Unburdening the Past: Tools for Recovery from Racial and Generational Trauma*

[22] *Serving Those Who Serve: Support for Veterans and Their Families*

NEW!

[23] *Taking Control of Your Personal Finances*

[24] *Providing Care Through a Trauma-Informed Lens*

[25] *Mastering Professional Communication*

NEW!

[26] *Unlocking Teamwork: Building Bridges Through Effective Conflict Resolution*

Public Health and Diversity, Equity, Inclusion, & Belonging (DEIB) Power Hour Series
Courses continued on next page.

THE CONNECTION TRAINING CATALOG

Public Health Courses:

[27] *Introduction to Health Equity: Understanding Health Disparities and Social Determinants of Health*

NEW!

[28] *Health Equity Data and Metrics: Collecting, Analyzing, and Interpreting Data to Address Health Disparities*

NEW!

[29] *Health Equity in Action: Developing Strategies to Achieve Health Equity and Social Justice*

NEW!

NEW SERIES!

Diversity, Equity, Inclusion, & Belonging (DEIB) Power Hour Series:

[30] *Colorism*

[31] *The Importance of Pronouns*

[32] *The Impact of Code-Switching*

[33] *Unequal Pay Gap*

Registration

Participants may register online at theconnectioninc.org/training. Participants will receive a confirmation email once their registration is processed.

Certificates of Attendance/CEUs

Participants will receive a certificate of attendance following the successful completion of the training through our e-learning platform, Absorb. Where indicated, continuing education hours are available.

Eligibility

All external parties are invited to participate in any session. Fees are as indicated by training. All Connection employees may attend training programs at no cost, regardless of position or program. Where agency requirements allow, employees should be encouraged to attend trainings other than those directly related to their present position, in order to foster professional growth and skill enhancement.

Course Cancellation & Postponements

If a training is canceled, all participants will be notified no later than two days prior to the scheduled session. If The Connection is closed or has a delayed opening due to inclement weather, all training participants will be contacted regarding changes to the schedule.

Scheduling

Participants may withdraw from individual courses at least five business days prior to the training to receive a credit. Cancellations made without adequate notification will not be refunded.

Training packages, series, and Mental Health First Aid courses are non-refundable.

Participants can withdraw from individual courses by contacting Nikita Joslyn, LMSW, Director of Business Development, The Connection.

Questions?

Contact Nikita Joslyn, LMSW, Director of Business Development, The Connection at 860 343-5500 x2110 or nljoslyn@theconnectioninc.org



Join us!

*Become a member
of The Institute for
Innovative Practice*

Receive unlimited training and professional development for one annual fee. No restrictions.

Individual Membership (\$375 Annual Membership)

Exceptional

Courses are curated and delivered by industry professionals, with a focus on the integration of evidence-based theory into actual practice.

Cost Effective

We provide a centralized training solution for busy human service providers. Recordings of all virtual training sessions are made available to members.

Member-Focused

We value your feedback and knowledge. Membership includes participation in learning community discussions to ensure the highest quality, most relevant training content.

For Organizations

Workforce Competence

Provide your staff with the foundational knowledge and skills that result in optimal client outcomes.

Retention

Offer valued employees career development opportunities and develop your future leaders.

Tracking

Access biannual training utilization reports to protect your return on investment.



The Institute for Innovative Practice

Meet Your Mission

Put our 50 years of operations and business experience to work for your organization

We understand the unique challenges that nonprofit organizations face to maximize the resources available to best carry out their missions. We share the lessons we have learned in the day-to-day operations of our own organization to help other organizations thrive.

The Connection has served more than 314 organizations in the past three years in training and consultation. This includes staff from universities, municipalities, other non-profits, and for-profit companies.

Training

Our trainings are curated and delivered by industry experts and are available virtually for convenience and safety.

- ▶ Certification Courses
- ▶ Essential Skills
- ▶ The Art of Communication
- ▶ The Insightful and Intuitive Professional
- ▶ Leadership Development
- ▶ Organizational Health
- ▶ The Science of Wellness
- ▶ The Successful and Accountable Nonprofit
- ▶ Diversity, Equity, Inclusion, and Belonging

Don't see what you are looking for? Tell us about your unique training needs! We can design training content to meet your specifications or provide programs we already have for your team at a date, time, and location convenient for you.

Consultation

Our team of professional consultants have the expertise to guide and support your organization in the following areas:

- ▶ Grant Writing
- ▶ Operations
- ▶ Capacity Building
- ▶ Project Management
- ▶ Communications Strategy
- ▶ Diversity, Equity, Inclusion, and Belonging: Assessment and Planning
- ▶ Leadership Coaching and Development

Contact us today to set up your first appointment. All services begin with a free consultation so we can clearly understand your needs.



CERTIFICATION COURSE

Adult and Pediatric CPR/First Aid/AED

This course teaches participants how to recognize and respond appropriately to cardiac, breathing, first aid, and opioid overdose emergencies. Participants learn the skills needed to give immediate care to an injured or ill person, including NARCAN administration and when to call for advanced medical care.

Participants receive a 2-year CPR and First Aid certification through the American Red Cross.

March 12, 2024

June 4, 2024

April 23, 2024

July 16, 2024

May 7, 2024

July 30, 2024

May 21, 2024

August 27, 2024

TIME

1:00pm – 4:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$100



NO COST COURSE

Adult Mental Health Response

A mental health crisis can occur unexpectedly at any time. Fear and lack of knowledge greatly impact our ability to respond effectively to those who may be experiencing a crisis. To safeguard the wellbeing of valued residents, customers, clients, and employees, this training was created to empower non-clinical individuals with the skills to recognize and address the symptoms of the most common mental health conditions, including addiction and psychosis. A model of supportive, in-the-moment response based on validation, engagement, and empathy will ensure a safe environment for all until help arrives.

TIME

1:00pm – 3:00pm

March 14, 2024

May 28, 2024

TIME

9:30am – 11:30am

April 3, 2024

June 5, 2024

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: FREE

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



NO COST COURSE

Adult Mental Health First Aid

Mental Health First Aid is a SAMHSA-endorsed, nationally recognized skill set designed to assist someone who is displaying signs of an emergent mental health problem or is experiencing an acute mental health crisis. This course, designed primarily for non-clinical audiences, will teach participants how to identify, understand, and respond to signs of mental illness or substance use disorders. Mental Health First Aid takes the fear and hesitation out of starting conversations about these complex issues through providing a simple, effective action plan that ensures a safe and empathic response to individuals in crisis. Participants will receive certification from the National Council for Mental Wellbeing valid for 3 years.

Attendees will be required to complete a 2-hour, self-paced online course, before participating in the 6-hour Instructor-led session.

IN-PERSON DATES

March 15, 2024

May 9, 2024

July 18, 2024

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

VIRTUAL DATES

April 17, 2024

June 14, 2024

August 21, 2024

TIME

9:00am – 3:00pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: FREE

CONTINUING EDUCATION: This training has been approved for 5.5 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



NO COST COURSE

Youth Mental Health Response

A mental health crisis can occur unexpectedly at any time. Fear and lack of knowledge greatly impact our ability to respond effectively to those who may be experiencing a crisis. To safeguard the wellbeing of youths and adolescents, this training was created to empower non-clinical individuals with the skills to recognize and address the symptoms of the most common mental health conditions, including self-harm and suicidality. A model of supportive, in-the-moment response based on validation, engagement, and empathy will ensure a safe environment for all until help arrives.

TIME

1:00pm – 3:00pm

March 26, 2024

April 18, 2024

May 14, 2024

TIME

9:30am – 11:30am

June 28, 2024

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: FREE

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



NO COST COURSE

Youth Mental Health First Aid

Youth Mental Health First Aid teaches participants how to identify, understand, and respond to signs of mental illness and substance use disorders in adolescents and young adults. This training will give anyone who works with youths the skills they need to reach out and provide initial support for emergent or existing behavioral health problems and make referrals to the appropriate level of care. Participants will receive certification from the National Council for Mental Wellbeing valid for 3 years.

Attendees will be required to complete a 2-hour, self-paced online course, before participating in the 5.5-hour instructor-led session

IN-PERSON DATES

March 28, 2024

May 31, 2024

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

VIRTUAL DATES

April 30, 2024

June 26, 2024

TIME

9:00am – 2:30pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: FREE

CONTINUING EDUCATION: This training has been approved for 5 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



NO COST COURSE

Best Practices for Treatment of Opioid Use Disorder

This training will present an evidence-based overview of the dynamics and effective treatment of Opioid Use Disorder. Topics covered will include the classification of opioids, indicators and risk factors for opioid misuse, and strategies to promote prevention, treatment and recovery. Medication Assisted Treatment will be addressed, as well as therapeutic interventions to promote whole person wellness.

DATE

April 5, 2024

TIME

9:00am – 12:00pm

PRESENTERS

Aleksandra Slaski, LPC, Director of Clinical Development,
The Connection Center for Behavioral Health & Women's REACH Programs
Olivia Whittle, LCSW, Clinical Supervisor for The Connection Center for Behavioral Health

COST: FREE

CONTINUING EDUCATION: This training has been approved for 3 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Beyond Grief: Supporting Individuals Through Loss

This course will explore the psychology of the bereavement process in all its complexity, debunking common misconceptions that are not helpful and rarely reflect the lived experience of grief. The stages of grief do not proceed in logical, sequential steps. Grief is not a medical condition, a weakness, or something we need to “get over.” It is, however, an unavoidable part of life, and the path of bereavement is the path to healing. This course will offer support, insight and concrete guidance for anyone interested in this important topic, for those who are supporting a loved one through the journey, or for those who are finding their way on the path.

DATE

April 26, 2024

TIME

9:30am – 12:30pm

PRESENTER

Aleksandra Slaski, LPC, Director of Clinical Development,
The Connection Center for Behavioral Health & Women’s REACH Programs

COST: \$125

CONTINUING EDUCATION: This training has been approved for 3 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Advanced Approaches to Dialectical Behavioral Therapy: Part 1

Dialectical Behavioral Therapy (DBT) is an evidence-based intervention that can be an extremely powerful tool to create long-lasting behavioral change and improve treatment outcomes. DBT combines empirically validated techniques from Cognitive Behavioral Therapy (CBT) with core mindfulness concepts to change deeply ingrained, maladaptive behavioral patterns. It has demonstrated effectiveness with clients who have not found relief with other therapeutic techniques. This training will teach DBT techniques through focused discussion and direct demonstration.

DATE

July 23, 2024

TIME

9:00am – 1:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Aleksandra Slaski, LPC, Director of Clinical Development,
The Connection Center for Behavioral Health & Women's REACH Programs

COST: \$125

CONTINUING EDUCATION: This training has been approved for 4 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



New!

CLINICAL PRACTICE SKILLS COURSE

Advanced Approaches to Dialectical Behavioral Therapy: Part 2

This practice-oriented training is designed for mental health professionals who have a strong foundation in Dialectical Behavior Therapy (DBT) and are eager to deepen their understanding of DBT principles and interventions. This course will focus on practical applications of DBT, including effectively managing challenging situations and behaviors, to help practitioners fine-tune their therapeutic skills for the most complex cases.

DATE

August 20, 2024

TIME

9:00am – 1:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Aleksandra Slaski, LPC, Director of Clinical Development,
The Connection Center for Behavioral Health & Women's REACH Programs

COST: \$125

CONTINUING EDUCATION: This training has been approved for 4 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Engaging with Clients in a Crisis

Effective crisis de-escalation is a necessary skill for anyone who works with people. In the human services, mastering the art of crisis management is not only necessary for the safety of staff and clients; it also offers powerful opportunities to assist clients in modulating their emotions and can enhance engagement. This course will present a trauma-informed approach to crisis management which begins with a mindset of connection vs. control. The Heart-Head-Heart model will be presented as an extremely effective way to validate, de-escalate, and provide solution-focused strategies to assist those in need.

Also consider taking: Providing Care Through a Trauma-Informed Lens

March 1, 2024

May 23, 2024

July 10, 2024

April 19, 2024

June 4, 2024

August 15, 2024

TIME

9:30am – 12:30pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 3 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Unconscious Bias: Impediments to the Therapeutic Relationship

Practitioner self-awareness is a hallmark of an effective human services provider. The ability to reflect on one's behavior and emotional reactions is a necessary component of quality client care and practitioner self-care. This course will be an opportunity for each participant to explore the unique values, motivations, and attitudes that underly their professional behavior with clients. Case studies will highlight the harm that can arise from unconscious bias, and strategies presented for ensuring a truly collaborative, nonjudgmental relationship with those we serve.

DATE

April 4, 2024

TIME

9:30am – 11:30am

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Ethical Practice in the Human Services

Work in the human services is profoundly rewarding but carries with it a tremendous responsibility to protect our clients from actions that would result in harm or exploitation. While acts of deliberate wrongdoing do occur, it is more common for well-meaning efforts to result in unintentional ethical breaches through lack of knowledge and training. This course will present the foundational principles of work in the helping professions: protection of client rights; ensuring confidentiality; maintaining professional boundaries; and avoiding conflicts of interest. An ethical model will be presented which will assist practitioners in ethical decision-making. This training is highly interactive, with many examples of common ethical dilemmas for discussion. The importance of individual responsibility to report unethical behavior will be discussed, as well as the necessity of developing an organizational culture of shared accountability.

DATE

April 24, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Eating Disorders

Eating disorders are serious and sometimes life-threatening illnesses affecting millions of people at any given time, usually co-occurring with other psychiatric conditions including mood and anxiety disorders.

Often associated with adolescent women, eating disorders affect people of all ages, backgrounds, and genders.

In fact, one in three of those diagnosed are male, and these numbers are increasing. This training will provide a comprehensive overview of clinical and sub-clinical eating disorders and explore causes, risk factors, and effective treatment options.

DATE

May 2, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Personal Efficiency: Maximize Your Productivity to Achieve Your Goals

Have you ever wondered whether you could be doing your work more efficiently? Optimizing your organizational skills will result in greatly enhanced productivity, reduced daily stress, and ultimately improved job performance and satisfaction. Through increasing your personal and professional awareness, you will learn to create clear and focused goals, reduce time-wasting tasks, prioritize, and manage demands, and make the best use of your time, so you are able to work smarter, not harder.

DATE

May 30, 2024

TIME

10:00am – 12:00pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125



Navigating the Digital World with Confidence: A Comprehensive Guide to Digital Safety

In today's increasingly digital world, online safety is more important than ever. Cyber threats are constantly evolving, and it can be challenging to keep up. This course will equip you with the knowledge and skills you need to navigate the digital landscape with confidence and protect yourself from online risks. Participants will learn how to protect personal information and privacy, recognize the red flags of online scams and cybercrime, and practice effective online security measures. Tips for protecting the safety of children will also be discussed.

DATE

June 7, 2024

TIME

9:30am – 11:30am

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125



Bending Without Breaking: Cultivating Your Natural Resilience

This training will explore how to harness the amazing ability of our nervous system – the core of our being – to help us continually adapt to life circumstances, and to thrive. For some, resilience involves inspiring stories of human achievement in the face of incredible odds; literally the stuff movies are made of. For others, resilience is getting out of bed every morning while battling depression. Both are examples of persistence and determination despite struggles and setbacks. Participants will explore the psychological factors that prevent us from moving forward, and learn how to nurture the cognitive, emotional, and behavioral skills that enable us to adapt to life situations and mobilize the energy to change.

DATE

June 12, 2024

TIME

9:30am – 11:30am

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Establishing Your Work/Life Balance

We all want to strive for harmony between our professional and personal lives but sometimes can find it to be a real struggle. This course will challenge the way you view and define this concept while moving through practical tools you can add to your current work and home life to bring you greater satisfaction. This session will delve into the dimensions of work and home to help you apply real tools to manage both, no matter what each looks like for you in your current circumstance. Both office and remote settings will be included along with a lens for both employee and supervisor.

DATE

June 27, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Unburdening the Past: Tools for Recovery from Racial and Generational Trauma

This training will explore the profound impact of racial and generational trauma, fostering insight into the historical and systemic factors that shape individual and collective narratives. Participants will navigate the intersectionality of race and generational dynamics and explore the factors that enhance resilience and cultural sensitivity. Participants will learn effective coping strategies, explore intergenerational healing, and embrace empowerment through education. Interactive activities, thoughtful discussions, and reflective exercises will create a supportive space for both sharing and healing. This training is open to all who are dedicated to understanding and addressing the complexities of trauma, paving the way for a more compassionate and equitable future.

DATE

July 2, 2024

TIME

1:00pm – 3:00pm

PRESENTERS

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection
Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Serving Those Who Serve: Support for Veterans and Their Families

The multiple challenges faced by veterans in reintegrating themselves into their families and communities following service are now widely recognized as a public health issue. This training will focus on the unique needs of veterans and their support network. Topics to be covered include understanding military culture, Post Traumatic Stress Disorder in individuals returning from combat, traumatic brain injury, and suicide prevention. Participants will be given behavioral health and other community resources to support our veterans and their loved ones.

This course fulfills the continuing education requirement for training in Veteran Services.

DATE

July 3, 2024

TIME

9:30am – 11:30am

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Taking Control of Your Personal Finances

Feeling out of control with your personal finances? Have you tried setting a budget in the past, but remain struggling with financial obligations? Discover why budgeting hasn't worked for you and create a concrete action plan to take control of your personal finances today. Tools such as tracking actual debt, assessing your income to debt ratio, developing an effective budget and practical money saving tips will be included. This training will give participants the confidence and tools to create a financial plan in alignment with their goals for the future.

DATE

July 16, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125



Providing Care Through a Trauma-Informed Lens

This comprehensive training provides an in-depth exploration of the art and science of trauma-informed care, with a focus on applying theory to direct practice applications. Trauma will be discussed as a universal human experience, giving participants the opportunity to think about the complex trauma of those served, the life experience that each helper brings to the work, and how to form healing relationships that position clients for optimal success. Key topics include: the science of traumatic memory, viewing challenging behavior as the communication of a need, the importance of self-awareness and self-care for providers, and strategies for building safety and trust.

DATE

July 18, 2024

TIME

9:30am – 11:00am

PRESENTER

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 1.5 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Mastering Professional Communication

Clear communication – the ability to accurately convey ideas to colleagues and clients – is a critical skill in the helping professions. An essential component of effective communication is understanding that everyone has a unique communication style, and that problems and misunderstandings can arise when styles clash. This training will teach participants how to recognize and effectively work with, not against, any communication style, greatly enhancing our efficiency, effectiveness, and our ability to empathize with others.

DATE

August 13, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Unlocking Teamwork: Building Bridges Through Effective Conflict Resolution

Conflicts are inevitable in human interactions and the workplace is no exception. This training will focus on common underlying dynamics that escalate differences of opinion into conflicts, including diverse communication and personality styles and failing to address problems proactively. A progressive model of conflict resolution will be presented that will give participants the tools to recognize what level of assertiveness is appropriate given the situation, from ignoring to collaboration and compromise. Conflict resolution training is an important step in creating workplace cultures that are safe, respectful, and productive for all employees.

DATE

August 29, 2024

TIME

1:00pm – 3:00pm

PRESENTERS

Michele Klimczak, MA, LMSW, Assistant Vice President
of Training & Grant Management, The Connection

Nikita Joslyn, LMSW, Director of Business Development, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Introduction to Health Equity: Understanding Health Disparities and Social Determinants of Health

This comprehensive training will explore the intersectional factors contributing to inequities in health outcomes for underserved populations, including income, education, housing, and access to quality healthcare. This training emphasizes the importance of addressing systemic barriers and promoting equitable opportunities for all individuals. Through interactive discussions and case studies, participants will gain insights into the impact of social determinants on health disparities and explore strategies for promoting health equity. Participants will be equipped with the knowledge and tools to contribute to creating a more equitable and inclusive healthcare system and advocate for policies and interventions that address health disparities.

DATE

April 16, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Health Equity Data and Metrics: Collecting, Analyzing, and Interpreting Data to Address Health Disparities

This training covers key concepts in health equity data, including data sources, metrics, and methodologies for identifying and measuring health disparities. Participants will learn about the importance of disaggregating data by demographic factors such as race, ethnicity, gender, and socioeconomic status, to inform evidence-based interventions and policies aimed at reducing health disparities. Through interactive exercises and case studies, participants will gain practical skills in data collection methods, data analysis techniques, and data interpretation. Participants will be equipped to utilize data-driven approaches in their work to advocate for policies, practices, and programs that enhance health equity in their communities.

DATE

May 16, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Health Equity in Action: Developing Strategies to Achieve Health Equity and Social Justice

This training explores the underlying factors that contribute to health disparities, and the importance of identifying and addressing systemic barriers to achieving health equity. Through interactive exercises, case studies, and group discussions, participants will learn practical skills in developing and implementing strategies that foster inclusivity, cultural competence, and equitable access to healthcare. Participants will be equipped to actively contribute to the advancement of health equity and social justice in their respective fields, organizations, and communities, creating lasting positive change.

DATE

June 11, 2024

TIME

1:00pm – 3:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$125

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



DIVERSITY, EQUITY, INCLUSION, & BELONGING (DEIB) POWER HOUR SERIES

Embark on an enlightening educational journey with our **four-part “Power Hour” DEIB Series**, designed for all audiences. This series serves as an introduction to key DEIB topics, including colorism, the significance of pronouns, the impact of code-switching, and the unequal pay gap. Each session is meticulously designed to offer a focused and impactful hour filled with educational insights and open dialogue, intended to ignite positive transformation in both community and workplace settings.

Colorism

Unveil the layers of colorism in our society. This session delves into the historical roots and pervasive impacts of discrimination based on skin color. Explore strategies to break this cycle, foster inclusivity, and challenge preconceptions of beauty and skin color.

DATE

April 2, 2024

TIME

11:00am – 12:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$65

CONTINUING EDUCATION: This training has been approved for 1 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



DIVERSITY, EQUITY, INCLUSION, & BELONGING (DEIB) POWER HOUR SERIES

Embark on an enlightening educational journey with our **four-part “Power Hour” DEIB Series**, designed for all audiences. This series serves as an introduction to key DEIB topics, including colorism, the significance of pronouns, the impact of code-switching, and the unequal pay gap. Each session is meticulously designed to offer a focused and impactful hour filled with educational insights and open dialogue, intended to ignite positive transformation in both community and workplace settings.

The Importance of Pronouns

Step into the realm of pronoun inclusivity. Discover the significance of respecting and using correct gender pronouns and learn practical tips for creating environments where everyone’s identity is acknowledged. Join us for an hour of insightful conversation on fostering respect and understanding through inclusive language.

DATE

June 6, 2024

TIME

11:00am – 12:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$65

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The Impact of Code-Switching

Unlock the complexities of code-switching in various cultural and professional contexts. This session explores the effects of code-switching on individuals and organizations, offering strategies to cultivate authenticity and inclusivity. Join us for an hour dedicated to embracing diverse voices and experiences.

DATE

July 11, 2024

TIME

11:00am – 12:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$65

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Unequal Pay Gap

Navigate the landscape of unequal pay as we delve into the intersections of gender and race. Examine the root causes, consequences, and actionable strategies for closing the pay gap. This session aims to empower individuals and organizations to champion fairness and equity in compensation.

DATE

August 14, 2024

TIME

11:00am – 12:00pm

PRESENTER

Mariana Serrano MPH, Director of Diversity & Social Impact, The Connection

COST: \$65

CONTINUING EDUCATION: This training has been approved for 1 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



The Connection

THE INSTITUTE FOR INNOVATIVE PRACTICE at The Connection can partner with you to create professional development courses that are specific to your organizational needs.

Please contact **Michele Klimczak**, MA, LMSW,
Assistant Vice President of Training &
Grant Management, for more information:

860 343-5500 x1051
mklimczak@theconnectioninc.org

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